

# Live Oak Unified School District

2201 Pennington Road  
Live Oak, CA 95953

## Parental Permission for Counseling

School: Live Oak Middle School

Dear Parent / Guardian:

Live Oak Middle School (LOMS) provides a limited amount of counseling and guidance services through the office of our School Counselor. Generally, teachers and parents refer for access to such services and students may self-refer as well. Counseling services will be provided by Ellen Murphy, School Counselor or Chico State Interns supervised by Ellen Murphy.

Guidance services may be provided in either a small group, individual setting, or in the classroom. Examples of topics frequently covered in such meetings could include: Avoiding peer pressure, decision making skills, communication skills, problem solving, interpersonal relations, academic performance, and conflict resolution. These services are not intended to be a substitute for treatment of a mental health disorder or therapy. All issues discussed in the counseling setting will be kept in the strictest of confidence, unless otherwise required by law. Every attempt will be made to avoid having any student miss instructional time. However, this may not always be possible.

### ***Special circumstances:***

***In the event of a distance learning platform, we cannot guarantee confidentiality to all students given that we are not physically present, but rather virtually present. Please be aware as a parent that if your child is participating in a group counseling session that the expectation is that ALL students participating are to be given the physical space to speak freely and confidentially without unintended listeners.***

***As the educational rights holder for your child you have a critical role in promoting the confidentiality of your child's participation in counseling and the confidentiality of other students whom your child participates with in virtual group settings. If you believe you cannot ensure such confidentiality, for any reason, please notify us.***

If you are interested in having your child receive such services, please sign below and return this form to LOMS. Should you have any questions, please feel free to contact Ellen Murphy directly on (530) 635-1277, or the LOMS office on (530) 695-5435.

Student Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_